

What is Domestic Violence?



Domestic Violence is the abuse by force of an intimate partner or boyfriend/girlfriend. Domestic Violence can include physical abuse sexual abusive behaviors, such as psychological belittlement to gain power over the other person.

Many times, the perpetrator will convince the victims that it is the victim’s fault they are being abused. The perpetrator will then try to apologize and do nice things to regain the victim’s trust before they act out again. It is a vicious cycle that is present in every race, religion, gender, or sexual orientation. In many instances, children are also threatened from the domestic violence situations.

TRAUMA BONDING

What is it?

A strong emotional attachment between an abused person and his or her abuser, formed as a result of the cycle of violence. Trauma bonding is loyalty to a person who is destructive. While the idea of bonding tends to bring up

connotations of something good and beneficial, trauma bonds are unhealthy.

Where to find help?

If you or someone you know has been a victim of Domestic Violence, there is help out for you. Please remember that it is never your fault, and you can survive.

The National Domestic Violence Hotline:

1800-799-safe

911

Test your-self!

Test your knowledge about domestic Violence by answering the following questions:

- 1. Domestic Violence only occurs in bad parts of town.
  - a. True
  - b. False
- 2. Domestic abuse can adversely affect children in the household.
  - a. True
  - b. False
- 3. Partners only become violent when their significant other has done something to deserve it.
  - a. True
  - b. False
- 4. A man can not be a victim of Domestic Violence.
  - a. True
  - b. False

Answers. 1. b 2.a 3. b 4.b

NEW HOPE  
DRUG AND ALCOHOL TREATMENT  
&  
DOMESTIC VIOLENCE SUPPORTIVE  
SERVICES



Call Us Today!

PHONE: (323)750-2850  
FAX: (323)750-0851  
1837 W. IMPERIAL HWY  
LOS ANGELES CA. 90047  
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WE ARE SUPPORTED BY THE  
COUNTY OF LOS ANGELES,  
DEPARTMENT OF PUBLIC HEALTH  
OFFICE OF WOMEN’S HEALTH.

## OFFICE HOURS

MONDAY – FRIDAY

9:00 AM – 6:00 PM

## SUPPORT SERVICES

**Intakes**

**Assessment**

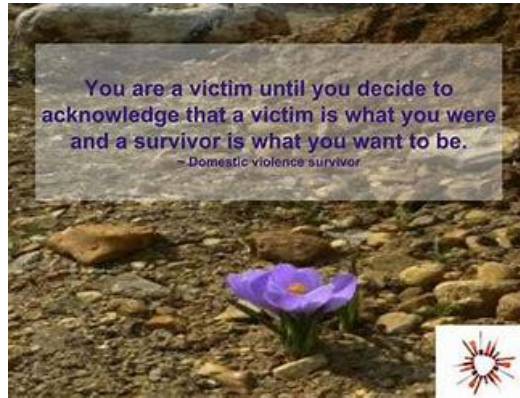
**Domestic Violence  
Education Class**

**Life Skills Group**

**Support Group**

**Parenting**

**Individual**



**You have the decision to change  
your life and your children's future.**

*Referrals*

**Therapy**

**Health  
Care**

**Gain**

**Jobs**

**Legal Help**

If you are a victim of domestic violence and are not a citizen (undocumented or have a temporary legal status) but have children, you may be eligible to apply for immigration status for yourself and children confidentially under the

## Violence Against Women Act (VAWA)



Domestic Violence affects our children:

- Dramatic behavioral changes
- Aggressiveness
- Uncooperativeness
- Bedwetting or loss of bowel control
- Distractive or anti-social behavior
- Lack of self confidence